



THE WAY OF LOVE

Practices for Jesus-Centered Life

ADULT FORUM

St. Luke's Episcopal Church

Week 4: WORSHIP

Gather in community weekly to thank, praise, and dwell with God

Daily Devotions

Daily Devotions for The Way of Love Week Four: WORSHIP

Each day take 10 minutes and sit in a comfortable chair.

Breathe in and exhale deeply, paying attention to the motion of your breath.

Allow yourself to imagine God's presence surrounding you as you pray.

Read slowly the passage below, several times. As you rise from your time of prayer, know that Jesus remains with you always.

Day One

Psalm 96:1-2

O sing to the Lord a new song;
sing to the Lord, all the earth.
Sing to the Lord, bless his name;
tell of his salvation from day to day.

Are there times and places in your week when you can hear other people 'tell of God's salvation from day to day?' Can you seek out someone this week whose faith reminds you of the love of God and talk with him or her to encourage your own faith?

Prayer: Loving God, help me to seek out other people that know you and follow you so that I can experience your presence with others and grow deeper into the life of the Body of Christ.

Day Two

Psalm 25:4-5

Psalm 96: 8-9

*Ascribe to the Lord the glory due his name;
bring an offering, and come into his courts.
Worship the Lord in holy splendor;
tremble before him, all the earth.*

What are the gifts from God in your life that could bring greater faith, hope and love to others if you shared them? In what ways could you make an offering to God today?

Prayer: Holy God, you are the giver of every good and perfect gift. Help me today to find ways to thank and to worship you by offering to others some of the blessings you have freely given to me.

Day Three

1 Corinthians 11:23-25

...the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, 'This is my body that is for you. Do this in remembrance of me.'

When you remember the life and resurrection of the Lord Jesus, what words, images and feelings come to mind?

Prayer: Lord Jesus, for love your body broke to heal our broken world. In all that I say and do today, help me to remember your love.

Day Four

Luke 24:30-31

When Jesus was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognized him; and he vanished from their sight.

When you participate in the Eucharist, what images or words come to your mind and heart as you receive the bread and wine? What truths do you recognize in that moment?

Prayer: Gracious God, you have given us your life in the Body of Christ and poured your love and grace into the bread and the wine on our altars. Help me to find time or to make time to receive the Eucharist this week.

Day Five

Luke 24:32

They said to each other, 'Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?'

Can you think of a time when you felt Christ speaking to you alone in prayer or in worship with others? What did you hear and what was your reaction or response?

Prayer: Creator God, help me this week to listen for your loving, liberating and life-giving voice in the hymns, in the silences, in the symbols and in the prayers of the Eucharist.